



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*PCC Classes are marked with an asterisk*</p> <p>To register for a PCC class, please call 503.788.6266</p>		<p>1</p> <p>8:45+10 EnhanceFitness 11:30 Senior Dining 12:30 Bridge</p> <p><u>1:00 Tigard Garden Club</u></p> <p><i>St. James Episcopal</i></p>	<p>2</p> <p>10:00 Knitting and Quilting 10-12 Computer help 11:30 Senior Dining</p> <p><u>7:00 Rose City Model T Club</u></p> <p><i>Courtney/John/Nancy</i></p>	<p>3</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 1:30 ESL Conversation 11:30 Senior Dining 1:30 ESL Span. Speakers</p> <p><i>ESL Spanish Group</i></p>
<p>6 Closed</p> <p>Labor Day</p>	<p>7</p> <p>9:00 Art Club 10:00 Bridge 11:30 Senior Dining 12:45 BINGO</p> <p><i>Myrna/John/Cathy/Bill</i></p>	<p>8</p> <p>8:45+10 EnhanceFitness 11:30 Senior Dining 12:30 Bridge</p> <p><i>Calvin Presbyterian</i></p>	<p>9</p> <p>10-12 Knitting and Quilting 10-12 Computer help 11:30 Senior Dining</p> <p><i>Church of God</i></p>	<p>10</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 1:30 ESL Conversation 11:00 Free Blood Pressure Checks 11:30 Senior Dining 1:30 ESL Span. Speakers</p> <p><i>Tigard Christian</i></p>
<p>13</p> <p>8:30-4:00 Foot Care 8:45+10 EnhanceFitness 11:30 Senior Dining 1:00 Painting Group 1:30 ESL Span. Speakers</p> <p><u>7:00 Rose City Stitches</u></p> <p><i>Ori/Cathy/Bill</i></p>	<p>14</p> <p>9:00 Art Club 10:00 Bridge 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 12:45 BINGO</p> <p><u>1:30 Steering Committee</u></p> <p><i>King City Lions</i></p>	<p>15</p> <p>8:45+10 EnhanceFitness 11:30 Senior Dining 12:30 Bridge</p> <p>September Birthday Lunch</p> <p><i>Pat/Steve/Marc/Ronnie</i></p>	<p>16</p> <p>10-12 Knitting and Quilting 10-12 Computer help 11:30 Senior Dining</p> <p>GOLDEN HARVEST MUSIC PROGRAM</p> <p><u>7:00 Knitting Guild</u></p> <p><i>St. Vincent de Paul</i></p>	<p>17</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 1:30 ESL Conversation 11:30 Senior Dining 1:30 ESL Span. Speakers</p> <p><i>Tigard Methodist</i></p>
<p>20</p> <p>8:45+10 EnhanceFitness 9:00-12:00 China Painting 9:00 ESL Advanced 11:30 Senior Dining 1:00 Painting Class 1:30 ESL Span. Speakers</p> <p><i>Milt/Orene/Gloria</i></p>	<p>21</p> <p>9:00 Art Club 10:00 Bridge 10:00 <u>*Spanish Intermediate</u> 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 12:45 BINGO 6:45 <u>*Mah Jongg</u></p> <p><u>6:30 NWV Speedsters</u></p> <p><i>Trish/Cathy/Bill</i></p>	<p>22</p> <p>8:45+10 EnhanceFitness 11:00 ESL Intermediate</p> <p>11:00 Free Blood Pressure Checks</p> <p>11:30 Senior Dining 12:30 Bridge</p> <p><i>Calvin Presbyterian</i></p>	<p>23</p> <p>10-12 Knitting and Quilting 10-12 Computer help 11:30 Senior Dining Accordion Players 12:30 ESL Beg. 1 & 2</p> <p>Hearing Clinic 12:30</p> <p>7:00 <u>*Belly Dancing</u></p> <p><i>Catholic Daughters</i></p>	<p>24</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 10 & 1:30 ESL Convers. 11:30 Senior Dining 1:30 ESL Span. Speakers</p> <p>Western Days</p> <p><i>Featuring:</i> One More Time Elder Law (w/app't.)</p> <p><i>Retired Teachers</i></p>
<p>27</p> <p>8:45+10 EnhanceFitness 9:00 ESL Advanced</p> <p>10:30 -1:00 SNAP</p> <p>w/JUDITH AUSLANDER 11:30 Senior Dining King City Lunch Club 1:00 Painting Class 1:30 ESL Span. Speakers</p> <p><i>Joan/Tim/Robert</i></p>	<p>28</p> <p>9:00 Art Club 10:00 Bridge 10:00 <u>*Spanish Intermediate</u> 10:30 <u>*Drawing Can't Draw</u> 11:30 Senior Dining</p> <p>FLU SHOTS 12:30 12:45 BINGO 6:30 <u>*Retirement Planning</u> 6:45 <u>*Mah Jongg</u> <u>7:00 Alzheim. Support Group</u></p> <p><i>Myrna/John/Cathy/Bill</i></p>	<p>29</p> <p>8:45+10 EnhanceFitness 9:00 <u>*Writing Life Story</u> 11:00 ESL Intermediate 11:30 Senior Dining 12:30 Bridge 5:30 <u>*Glazing in Oil Paint.</u></p> <p><i>Cathy/Bill/Ronnie</i></p>	<p>30</p> <p>10-12 Knitting and Quilting 10-12 Computer Help 10:00 <u>*Writing Life Story</u> 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 3:00 <u>*Tai Chi</u> 7:00 <u>*Belly Dancing</u></p> <p><i>Catholic Daughters</i></p>	<p>Tigard Senior Center, Loaves & Fishes Centers is located at:</p> <p>8815 SW O'Mara St. Tigard, OR 97223</p> <p>503.620.4613</p>