









Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED</p>  <p>Happy New Year</p>	<p>3</p> <p>9:00 Art Club 10:00 Bridge 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 12:45 BINGO 2:00 Steering Committee</p> <p><i>Steve/Jamison/Pat</i></p>	<p>4</p> <p>8:45+10 EnhanceFitness <i>10-1 Assistance Referrals</i> 11:30 Senior Dining 12:30 Bridge 1:00 Tigard Garden Club</p> <p><i>Tim/Annette/Madison</i></p>	<p>5</p> <p>10-12 Knitting and Quilting 10-12 Computer Help 10:30 ESL Intermediate 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 7 Rose City Model T Club</p> <p><i>Tim/Annette/Madison</i></p>	<p>6</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 10:00 ESL Women's Con. 11:30 Senior Dining 1:30 ESL Span. Speakers 1:30 ESL Conversation</p> <p><i>THS</i></p>
<p>9</p> <p>8:30-4:00 Foot Care 8:45+10 EnhanceFitness 9:00 ESL Advanced 11:30 Senior Dining 1 West Side Stamp Club 1:00 Painting Group 1:30 ESL Span. Speakers 7:00 Rose City Stitchers</p> <p><i>The Blessings</i></p>	<p>10</p> <p>9:00 Art Club 10:00 <u>*Spanish-Intermediate</u> 10:00 Bridge 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 12:45 BINGO</p> <p><i>King City Lions/Steve</i></p>	<p>11</p> <p>8:45+10 EnhanceFitness <i>10-1 Assistance Referrals</i> 10-2 Blood Pressure Check 11:30 Senior Dining 12:30 Bridge</p>  <p>AARP Driver Safety Class 11:30-3:30 7:00 <u>*Hula Hoop</u></p> <p><i>Calvin Presbyterian</i></p>	<p>12</p> <p>10-12 Knitting and Quilting 10-12 Computer Help 10:30 ESL Intermediate 11:30 Senior Dining 12:30 ESL Beg. 1 & 2</p>  <p>AARP Driver Safety Class 11:30-3:30</p> <p><i>Church of God</i></p>	<p>13</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 9:30 <u>*Yoga</u> 10:00 ESL Women's Con. 11:30 Senior Dining 1:30 ESL Span. Speakers 1:30 ESL Conversation</p> <p><i>Tigard Christian</i></p>
<p>16</p> <p>8:45+10 EnhanceFitness 9:00 ESL Advanced 11:30 Senior Dining 1:00 Painting Group 1:30 ESL Span. Speakers</p> <p><i>Yuki/The Strauss's</i></p>	<p>17</p> <p>9:00 Art Club 10:00 <u>*Spanish-Intermediate</u> 10:00 Bridge 11:30 Senior Dining 12:45 BINGO 6:30 NWV Speedsters</p> <p><i>Tim/Annette</i></p>	<p>18</p> <p>8:45+10 EnhanceFitness <i>10-1 Assistance Referrals</i> 11:30 Senior Dining 12:30 Bridge Birthday Lunch</p>  <p>7:00 <u>*Hula Hoop</u></p> <p><i>Annette/Tim</i></p>	<p>19</p> <p>10-12 Knitting and Quilting 10-12 Computer Help 10:30 ESL Intermediate 11:30 Senior Dining 12:30 ESL Beg. 1 & 2 7:00 Knitting Guild</p> <p><i>St. Vincent de Paul</i></p>	<p>20</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 9:30 <u>*Yoga</u> 10:00 ESL Women's Con. 11:30 Senior Dining 1:30 ESL Span. Speakers 1:30 ESL Conversation</p> <p><i>Tigard Methodist</i></p>
<p>23</p> <p>8:45+10 EnhanceFitness 9:00 ESL Advanced 11:30 Senior Dining King City Lunch Club 1:00 Painting Group 1:30 ESL Span. Speakers</p> <p><i>Milt/Orene/Gloria</i></p>	<p>24</p> <p>9:00 Art Club 10:00 <u>*Spanish-Intermediate</u> 10:00 Bridge 11:30 Senior Dining 12:45 BINGO 6:30 <u>*Retirement Planning</u> 7pm Alzheimers Support Group</p> <p><i>Jyl/Hannah/Steve</i></p>	<p>25</p> <p>8:45+10 EnhanceFitness 9:00 <u>*Writing Life Story</u> 10-2 Blood Pressure Check ElderSafe Seminar: Financial Exploitation</p>  <p>12:45pm <i>10-1 Assistance Referrals</i> 11:30 Senior Dining 7:00 <u>*Hula Hoop</u></p> <p><i>Calvin Presbyterian</i></p>	<p>26</p> <p>9:00 <u>*Rejuvenate-Retirement</u> 10-12 Knitting and Quilting 10-12 Computer Help 10:00 <u>*Writing Life Story</u> 10:30 ESL Intermediate 11:30 Senior Dining 12:30 ESL Beg. 1 & 2</p> <p><i>Catholic Daughters</i></p>	<p>27</p> <p>8:45+10 EnhanceFitness 9:00 Wood Carving 9:30 <u>*Yoga</u> 10:00 ESL Women's Con. 11:30 Senior Dining 1:30 ESL Span. Speakers 1:30 ESL Conversation Elder Law (w/app't.)</p> <p><i>Retired Teachers</i></p>
<p>30</p> <p>8:45+10 EnhanceFitness 9:00 ESL Advanced 11:30 Senior Dining 1:00 Painting Group 1:30 ESL Span. Speakers</p> <p><i>Tim/Annette</i></p>	<p>31</p> <p>9:00 Art Club 10:00 <u>*Spanish-Intermediate</u> 10:00 Bridge 11:30 Senior Dining 12:45 BINGO 1:00 <u>*Rejuvenate-Retirement</u> 6:30 <u>*Retirement Planning</u></p> <p><i>Tim/Annette</i></p>	<p>*PCC Classes are marked with an asterisk*</p>  <p>To register for a PCC class, call 503.788.6266</p>		<p>Tigard Senior Center, Loaves & Fishes Centers is located at:</p>  <p>8815 SW O'Mara St. Tigard, OR 97223 503.620.4613</p>